

# non-gluten menu

## while you wait

**PADRON PEPPERS (V) 3.95**    **MIXED OLIVES (V) 2.75**  
ROASTED WITH MALDON  
SEA SALT



## aperitif

**GLASS OF PROSECCO 5.95**    **APEROL™ SPRITZ 7.15**  
**PINKSTER™ ROYALE 6.95**  
PINKSTER™ RASPBERRY  
LIQUEUR, PROSECCO  
APEROL™, PROSECCO, SODA

*seriously relaxed dining*

## starters

<b>CAULIFLOWER CHEESE TART (V) 6.25</b> GREEN SALAD, SUNBLUSHED TOMATO CHUTNEY, TOASTED SEEDS, OLIVE OIL	<b>CRAYFISH COCKTAIL 6.65</b> PAPRIKA MARIE ROSE SAUCE, TOMATO, CUCUMBER, GEM, LEMON	<b>EGGS BENEDICT STARTER 6.65</b> <b>LITE BITE 8.65</b> TOASTED NON-GLUTEN ROLL, ITALIAN PROSCIUTTO, HOMEMADE HOLLANDAISE, PARSLEY, OLIVE OIL
<b>CHICKEN LIVER PÂTÉ 6.65</b> TOAST, SUNBLUSHED TOMATO CHUTNEY, BUTTER	<b>EGGS FLORENTINE (V) STARTER 6.65</b> <b>LITE BITE 8.65</b> TOASTED NON-GLUTEN ROLL, BABY SPINACH, HOMEMADE HOLLANDAISE, TOASTED SEEDS	

## sharing bundles ANY FOUR DISHES FOR 19.95 OR 5.95 EACH

<b>VEGETARIAN</b>	<b>FISH &amp; SEAFOOD</b>
<b>HUMMUS &amp; AVOCADO (V)</b> TOASTED NON-GLUTEN BREAD	<b>DEVILLED KING PRAWNS</b> CRUSHED AVOCADO, LIME, CORIANDER, SRIRACHA CHILLI SAUCE
<b>HALLOUMI CHIPS (V)</b> SEA SALT, SMOKED PAPRIKA MAYONNAISE	<b>SMOKED TROUT</b> NEW POTATO SALAD, CAPERS SOUR CREAM, SOFT POACHED EGG, CHIVES, OLIVE OIL
<b>CRISPY COATED BRIE (V)</b> TOASTED SEEDS, TOMATO, CORIANDER, PEAR CHUTNEY	
<b>GRILLED GOAT'S CHEESE (V)</b> TRACKLEMENTS ONION MARMALADE, PARSLEY	<b>ROASTED MUSHROOMS (V)</b> HOMEMADE GREEN PEPPERCORN SAUCE

## mains

**CLAWSON STILTON CHICKEN 12.95**  
NEW POTATOES, SMOKED STREAKY BACON, SHALLOTS, PEAS, CLAWSON STILTON CREAM SAUCE

**COURGETTI (VE) 9.45**  
COURGETTE, BUTTERNUT SQUASH, PISTACHIO PESTO, BABY SPINACH, TOMATO, OLIVE OIL, LEMON

**GARLIC BUTTER ROAST CHICKEN 12.95**  
BUTTERY MASH, SPINACH, LEEKS, PEAS, LEMON GRAVY

*continued overleaf...*

..mains continued

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**GARDEN VEGETABLE SALAD (VE) 9.95**

ASPARAGUS, PLUM TOMATO, CUCUMBER, CELERY, RED PEPPER, YELLOW PEPPER, CARROT, AVOCADO, GEM, BABY SPINACH, POMEGRANATE, GARLIC & LEMON DRESSING

ADD GRILLED HALLOUMI **12.45**/ GRILLED CHICKEN **12.95**/ GRILLED SALMON **13.45**

**SWEET POTATO & HALLOUMI STACK (V) 10.75**

NON-GLUTEN BUN, TOMATO, GHERKIN, GEM, CHIPOTLE SAUCE, SWEET POTATO FRIES OR TRIPLE COOKED CHIPS

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**SALMON NIÇOISE 13.75**

NEW POTATOES, GREEN BEANS, OLIVES, PLUM TOMATO, WATERCRESS, FRENCH DRESSING, SOFT BOILED EGG, LEMON

**HOMEMADE SEAFOOD PIE 13.25**

SALMON, HAKE, PRAWNS, WHITE WINE, PARSLEY, CREAM, TOMATO, SPINACH, PEAS, SLICED POTATOES, BUTTERED VEGETABLES

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**DELHI TIKKA MASALA CHICKEN CURRY 11.75**

MARINATED CHICKEN THIGHS, HERBY RICE, MANGO CHUTNEY

**CHEESE & BACON BURGER 12.25**

NON-GLUTEN BUN, TOMATO, GHERKIN, GEM, BURGER SAUCE, TRIPLE COOKED CHIPS

**CHICKEN & BACON STACK 11.75**

NON-GLUTEN BUN, EMMENTAL, TOMATO, GHERKIN, GEM, BBQ SAUCE, TRIPLE COOKED CHIPS

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*OUR STEAKS ARE CAREFULLY SOURCED FROM PRIME CUTS OF GRASS FED BEEF, MATURED FOR 28 DAYS.*

*CHARGRILLED MEATS ARE SERVED WITH FLAT MUSHROOM, WATERCRESS, ROASTED PLUM TOMATO AND TRIPLE COOKED CHIPS*

**SIRLOIN STEAK 8oz 18.95 | RIBEYE STEAK 10oz 20.95**

CHOICE OF HOMEMADE SAUCE: BÉARNAISE SAUCE, CHIMICHURRI SAUCE OR GREEN PEPPERCORN SAUCE

**BRITISH CURED GAMMON STEAK 8.95/12.75**

FRIED FREE RANGE EGG, PINEAPPLE

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*sides*

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<b>PEAS &amp; SMOKED BACON</b>	<b>3.25</b>	<b>TRIPLE COOKED CHIPS</b>	<b>3.65</b>	<b>SWEET POTATO FRIES</b>	<b>3.65</b>
<b>BUTTERED VEGETABLES</b>	<b>3.25</b>	<b>SKINNY CHIPS &amp; DIPS</b>	<b>3.65</b>	<b>ALLOTMENT SALAD</b>	<b>3.00</b>

**FRESHLY COOKED SUNDAY ROASTS AVAILABLE – BOOK NOW TO AVOID DISAPPOINTMENT**

BOOK ONLINE NOW [DESTINATIONINNS.CO.UK](http://DESTINATIONINNS.CO.UK)

 TWEET OR  INSTAGRAM @MCMULLENS1827  LIKE US ON FACEBOOK

(V) SUITABLE FOR VEGETARIANS. (VE) SUITABLE FOR VEGANS. FISH AND POULTRY DISHES MAY CONTAIN BONES. DESSERTS CONTAIN CALORIES. ALL WEIGHTS ARE APPROXIMATE PRIOR TO COOKING. ALL ITEMS ARE SUBJECT TO AVAILABILITY. **ALLERGEN INFORMATION.** IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS PLEASE SPEAK TO OUR TEAM FOR MORE INFORMATION. OUR KITCHENS CONTAIN MANY INGREDIENTS AND SO WE CANNOT GUARANTEE THE TOTAL ABSENCE OF NUTS, GLUTEN OR OTHER ALLERGENS. A FULL LIST OF ALLERGENS IN EACH DISH IS AVAILABLE FOR YOUR PEACE OF MIND. ALL PRICES INCLUDE V.A.T.

SERVICE IS NOT INCLUDED. ALL TIPS ARE RETAINED BY THE GRATEFUL TEAM.