



*seriously relaxed dining*  
*non-gluten menu*

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*while you wait* .....

**GARLIC MARINATED MIXED OLIVES (VE)** 3.25

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*aperitif* .....

**GLASS OF PROSECCO** 6.25     **APEROL™ SPRITZ** 7.45  
APEROL™, PROSECCO, SODA  
**PINKSTER™ ROYALE** 7.25  
PINKSTER™ RASPBERRY LIQUEUR, PROSECCO

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*starters* .....

**CAULIFLOWER CHEESE TART (V)** 6.45  
GREEN SALAD, SUN-BLUSHED TOMATO CHUTNEY, TOASTED SEEDS, OLIVE OIL

**CHICKEN LIVER PÂTÉ** 6.65  
ONION MARMALADE, BUTTER, NON-GLUTEN BREAD

**PRAWN COCKTAIL** 6.95  
PAPRIKA MARIE ROSE SAUCE, TOMATO, CUCUMBER, GEM, LEMON

**POSH WHITEBAIT** 6.45  
SMOKED PAPRIKA, CRISPY ROCKET, HOMEMADE TARTARE SAUCE, LEMON

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*sharing bundles* .....

**ANY FOUR DISHES FOR 20.00 OR 6.25 EACH**

**VEGETARIAN** .....

**HUMMUS & AVOCADO (V)**  
TOASTED NON-GLUTEN BREAD

**HALLOUMI CHIPS (V)**  
MALDON SEA SALT, SMOKED PAPRIKA MAYONNAISE

**GRILLED GOAT'S CHEESE (V)**  
TRACKLEMENTS™ ONION MARMALADE, PARSLEY

**MEAT & SEAFOOD** .....

**BAKED CHORIZO**  
HONEY, CIDER

**DEVILLED KING PRAWNS**  
CRUSHED AVOCADO, LIME, CORIANDER, SRIRACHA CHILLI SAUCE

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*mains* .....

**CHICKEN SUPREME 12.95**  
ROASTED NEW POTATOES, GARLIC, ASPARAGUS, PEAS, TENDERSTEM BROCCOLI, WHITE WINE, BACON

**QUINOA & SUN-BLUSHED TOMATO RISOTTO (VE) 11.45**  
ROASTED VEGETABLES, HERB OIL

**SWEET POTATO ROULADE (VE) 11.95**  
BABY SPINACH, BEETROOT, FENNEL, PARSLEY NEW POTATOES, HERB OIL, TOASTED ALMONDS

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*continued overleaf...*

*..mains continued*

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**GRILLED SEABASS 12.95**

QUINOA STIR-FRY, SPINACH, LEMON, OLIVE OIL & HERB DRESSING

**HOMEMADE SEAFOOD PIE 13.75**

SALMON, HAKE, PRAWNS, WHITE WINE, PARSLEY, CREAM, TOMATO, SPINACH, PEAS, SLICED POTATOES, BUTTERED VEGETABLES

**CHICKEN JALFREZI CURRY 11.95**

MARINATED CHICKEN THIGHS, HERBY RICE, MANGO CHUTNEY

**CHEESE & BACON BURGER 12.65**

GLUTEN FREE BUN, TOMATO, GHERKIN, GEM, BURGER RELISH, TRIPLE COOKED CHIPS

**CHICKEN & BACON STACK 11.95**

GLUTEN FREE BUN, EMMENTAL, TOMATO, GHERKIN, GEM, BBQ SAUCE, TRIPLE COOKED CHIPS

CHARGRILLED MEAT SERVED WITH FLAT MUSHROOM, WATERCRESS, ROASTED PLUM TOMATO AND TRIPLE COOKED CHIPS

**SIRLOIN STEAK 8oz 19.95**

SOURCED FROM PRIME CUTS OF GRASS FED BEEF, MATURED FOR 28 DAYS.

CHOICE OF SAUCE: BÉARNAISE SAUCE, BEEF DRIPPING & BEER GRAVY, STILTON & MUSHROOM OR PEPPERCORN

**BRITISH CURED GAMMON STEAK 8.95/12.95**

FRIED FREE RANGE EGG, PINEAPPLE

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*sides*

<b>BUTTERED VEGETABLES (V)</b>	<b>3.25</b>	<b>SKINNY CHIPS &amp; DIPS (VE)</b>	<b>3.75</b>	<b>ALLOTMENT SALAD (V)</b>	<b>3.00</b>
<b>TRIPLE COOKED CHIPS (VE)</b>	<b>3.75</b>	<b>SWEET POTATO FRIES (VE)</b>	<b>3.75</b>		




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*desserts*

<b>GIN SORBET* (VE)</b>	<b>5.00</b>	<b>CHOCOLATE BROWNIE (V)</b>	<b>5.95</b>
RASPBERRIES, RASPBERRY COULIS, MINT		HOT CHOCOLATE SAUCE, VANILLA ICE CREAM	
<b>CRÈME BRÛLÉE (V)</b>	<b>5.95</b>	<b>DAIRY ICE CREAM (V)</b>	<b>5.00</b>
THE SIMPLE FRENCH CLASSIC		THREE SCOOPS: HONEYCOMB, INDULGENT VANILLA, STRAWBERRY OR CHOCOLATE	
<b>SORBET (VE)</b>	<b>5.00</b>	<b>COFFEE &amp; MINI DESSERT</b>	<b>4.75</b>
GREEN APPLE OR BLOOD ORANGE		CHOCOLATE BROWNIE (V), MANGO & RASPBERRY MESS (V) OR CRÈME BRÛLÉE (V)	
<b>MANGO &amp; RASPBERRY MESS (V)</b>	<b>5.95</b>		
CRUSHED MERINGUE, RASPBERRY COULIS, MINT			

**FRESHLY COOKED SUNDAY ROASTS AVAILABLE – BOOK NOW TO AVOID DISAPPOINTMENT**

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 TWEET OR  INSTAGRAM @MCMULLENS1827  LIKE US ON FACEBOOK

#DESTINATIONINNS

(V) SUITABLE FOR VEGETARIANS. (VE) SUITABLE FOR VEGANS. FISH AND POULTRY DISHES MAY CONTAIN BONES. ALL WEIGHTS ARE APPROXIMATE PRIOR TO COOKING. \*CONTAINS ALCOHOL. ALL ITEMS ARE SUBJECT TO AVAILABILITY. **ALLERGEN INFORMATION.** IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS PLEASE SPEAK TO OUR TEAM FOR MORE INFORMATION. OUR KITCHENS CONTAIN MANY INGREDIENTS AND SO WE CANNOT GUARANTEE THE TOTAL ABSENCE OF NUTS, GLUTEN OR OTHER ALLERGENS. A FULL LIST OF ALLERGENS IN EACH DISH IS AVAILABLE FOR YOUR PEACE OF MIND. ALL PRICES INCLUDE V.A.T.

SERVICE IS NOT INCLUDED. ALL TIPS ARE RETAINED BY THE GRATEFUL TEAM.